

Central Day School

General Uniform Guidelines 2010-2011

Children in kindergarten through eighth grade are required to wear uniforms. All Dennis uniform items purchased last year are still acceptable for the 2010/2011. In addition, a few new items noted below have been added. **Uniform shirts from previous vendors have been dropped from the uniforms guidelines and will no longer be acceptable.**

I. New items for 2010/2011:

- Navy microfleece full-zip jacket for K – 8 boys and girls
- Navy microfleece full- zip vest for K – 8 boys and girls.
- A blue and white striped short-sleeved rugby shirt for K – 8 boys has been added.
- A white oxford ¾ length sleeve blouse for K – 8 girls that may be worn untucked and must be must be worn buttoned at all times. (Any shirt worn underneath must be tucked in.)
- Navy hooded full-zip long-sleeved sweater for girls.

II. Special Notes for Uniforms – Students are expected to comply with all special notes.

A. Special Clothing Notes for All Students:

- Clothing must be neat, clean, modest, hemmed and free of excessive wear.
- Clothing must be the appropriate size, not baggy or tight.
- All tops and classroom outwear must have a CDS logo.
- Turtleneck shirts are not allowed.
- Sweater vest must be worn with a solid shirt.
- Coats and jackets other than CDS logo items should not be worn inside the classroom/building.
- All students other than kindergarteners and first graders are to wear solid black, brown, khaki, or navy belts with pants or shorts that have belt loops.
- All belts must be purchased from Dennis.
- Boots may only be worn with pants. Heels may not be higher than one inch. Pants must be worn outside the boot.
- Undershirts must be solid white without graphics or writing.
- Long sleeve shirts may not be layered under short sleeve shirts.
- Students must wear solid colored socks. Socks must be of such length they can be visible above the top of the shoe.

B. Special Clothing Notes for Girls:

- Shorts and skorts must be no shorter than 3” above the top of the knee. Khaki skorts are no longer part of the uniform.
- Skirts and jumpers must be no shorter than 2” above the top of the knee.
- Navy and plaid jumpers must be worn with a white or yellow blouse with CDS logo. Jumpers may not be worn with a polo shirt.
- Tights must be full length. No leggings or footless tights. Tights should not be worn with socks.
- Polos, button-down shirts, and peter-pan blouses must be tucked in. Girls’ **fitted** blouses may be worn untucked; however, shirt tails of blouses may not show beyond the hem of sweaters, vests and sweatshirts.

C. Special Clothing Notes for Boys:

- Ties for boys in grades K – 8 are optional, but may be requested for special events when representing the school. For boys in grades K – 5, the tie may be solid navy from Dennis/Larose or navy with a narrow gold stripe from Dennis/Larose. For boys in grades 6 – 8, the tie must be navy with a narrow gold stripe from Dennis/Larose.
- Ties may not be worn with shorts or polo shirts.

III. Shoes and Socks

A. Girls' Socks and Tights

- Solid (no decorations or emblems) navy or white ankle, crew or knee length socks must be worn. Socks must show above the top of the shoe.
- Solid navy or white tights without texture or patterns may be worn instead of socks. Tights must be full length - no leggings.
- Sock and tights may not be worn together.

B. Girls' Shoes

- **Shoes** must be black, brown, navy, white, grey, or tan or a combination of these colors – **no** other shoe colors are allowed.
- **Shoe trim** colors must be black, brown, navy, white, grey or tan or a combination of these colors – **girls** may have light blue trim on their shoes - **no** other trim colors are allowed.
- **Shoe laces** must be black, brown, navy, white, grey, or tan – **no** other lace colors are allowed. Laces must be tied.
- **Soles of shoes, shocks, any other emblems or logos** must be black, brown, navy, white, grey, or tan - **no** other colors are allowed.
- Shoes may not be plaid or other patterns, have glitter, sparkles, wheels or lights.
- Shoes must be closed toe and heel. (no clogs, flip-flops or sandals)
- Shoe heels may not be higher than one inch.
- Athletic shoes may not have air shocks higher than one inch.
- Shoes for PE for grades K – 5 must meet the above/color design requirement. Students in grades 6 – 8 may wear special athletic shoes approved by the PE teacher.
- Boots may be worn with pants. Heels may not be higher than one inch. Pants must cover the top of the boot.

C. Boys' Socks

- Solid (no decorations or emblems) black, navy, or white ankle, crew or knee length socks must be worn. Socks must show above the top of the shoe

D. Boys' Shoes

- **Shoes** must be black, brown, navy, white, grey, or tan or a combination of these colors – **no** other shoe colors are allowed.
- **Shoe trim** colors must be black, brown, navy, white, grey or tan or a combination of these colors.
- **Shoe laces** must be black, brown, navy, white, grey, or tan – **no** other lace colors are allowed. Laces must be tied.
- **Soles of shoes, shocks, any other emblems or logos** must be black, brown, navy, white, grey, or tan - **no** other colors are allowed.
- Shoes may not be plaid or other patterns, have glitter, sparkles, wheels or lights.
- Shoes must be closed toe and heel. (no clogs, flip-flops or sandals)
- Shoe heels may not be higher than one inch.
- Athletic shoes may not have air shocks higher than one inch.
- Shoes for PE for grades K – 5 must meet the above/color design requirement. Students in grades 6 – 8 may wear special athletic shoes approved by the PE teacher.

- Boots may be worn with pants. Heels may not be higher than one inch. Pants must cover the top of the boot.

IV. General Appearance for Girls and Boys

A. Girls' Appearance (hair, hair accessories, make-up, etc.)

- **Hair ribbons, head bands, scrunchies, pony tail holders, and barrettes should be simple, inconspicuous, and in keeping with the uniform colors.** Colors must be solid navy, white, black, brown or CDS plaid from Dennis/Larose without writing or other decoration – no other colors are allowed. Students are not allowed to wear head scarves or hats in the building and may only be worn on cold weather days outside.
- Hairstyles that are considered “fashion fads” or distractions from learning and coloring techniques other than those considered natural hair color are not allowed.
- For safety reasons, no jewelry, other than watches, medic-alert bracelets, and simple earrings are allowed for girls in grades K – 5, this includes necklaces, bracelets and rings.
- Girls in grades 6 – 8 may wear simple necklaces with small Christian symbols and promise or purity rings. Other necklaces and rings are not allowed. Necklaces must be removed for P.E.
- Jewelry may not be worn in any pierced body part except the lower lobe of the girl's ears. Only one pair of simple, non-dangling earrings may be worn by girls. The diameter of hoop earrings must be small so that a student's finger could not get caught in it.
- If a student fails to adhere to the jewelry code, the jewelry will be collected from the student and must be retrieved by the parent from the teacher.
- Make-up, nail polish, and false finger nails are not allowed for girls in grades K – 5. Only tasteful, minimal make-up and nail polish in neutral/skin tone colors is allowed for 6th - 8th grade girls.
- Tattoos, including stick-ons, are not allowed.
- Hats and head scarves may not be worn in the building and may be worn outside at recess only during cold weather.
- All garments should be labeled inside with the student's name.
- Students are expected to comply with all special notes in the dress code.

B. Boys' Appearance (hair length, etc.)

- Boys' hair length should not touch the collar of the polo style shirt and should not touch the eyebrows. Hair should be neatly trimmed and groomed with a conservative style. Coloring techniques other than those considered natural hair color are not allowed. Acceptability will be at the sole discretion of the school administration.
- Boys are to wear no jewelry other than watches and medic-alert bracelets. This includes earrings, necklaces, and bracelets. If a student fails to adhere to the jewelry code, the jewelry will be collected from the student and must be retrieved by the parent from the teacher.
- All garments should be labeled inside with the student's name.
- Hats and head scarves may not be worn in the building and may be worn outside only at recess only during cold weather.
- Tattoos, including stick-ons are not allowed.

V. PE Uniforms for Girls and Boys

- Uniform shorts and pants with uniform shirts for grades K – 5. Middle school students in grades 6 – 8 are required to wear a uniform (shirt and shorts) that is issued by the school.
- Girls in grades K- 5 should wear uniform shorts underneath jumpers and skirts on PE days.

VI. “Out-of-Uniform Day” Guidelines

The administration may designate specific days throughout the school year as “out-of-uniform days.” On these days students must adhere to the out-of-uniform guidelines. Out-of-uniform days are not opportunities to dress shabbily, but to dress neatly in a different style of fashion. Clothing must be modest, in good taste, and not provide a source of distraction. If inappropriate clothing is worn on an out of uniform day, a parent will be contacted to bring appropriate attire to the school before a student can return to class. A student who chooses to repeatedly violate the out-of-uniform guidelines may lose the privilege to participate in future out-of-uniform days.

Examples of some items that are not acceptable on an “out-of-uniform” day include:

Girls:

Short shorts, short skirts and short dresses (**the same uniform length standards apply on-out-of-uniform days**)

Spaghetti strap shirts and dresses

Halter and tube tops

Tops which expose the midriff area

Shoes with heels higher than one inch for safety reasons

Boys:

Tank and muscle shirts

Boys and Girls:

Hats and head scarves

Sagging shorts/pants

Clothing printed with inappropriate writing, images, or political statements

Clothing that is ripped, tattered, has holes or is dirty.

Flip-flops for safety reasons.

Examples of a few items that are *acceptable* on an out-of-uniform” day include:

Girls:

Capri and crop pants

Dresses and skirts of appropriate length

Hair ribbons and accessories that are non-uniform colors

Girls and Boys:

Jeans and hemmed jeans shorts in good condition

Shoes that are non-uniform colors (no flip-flops)

Team t-shirts

Many additional items may be worn but must be appropriate for a Christian school

The general guidelines for girls regarding jewelry will apply on out-of-uniform days due to safety reasons.

VII. Jeans Day

Certain days may be designated as “jeans day.” On jeans day students are permitted to wear jeans, capri jeans, and hemmed jeans shorts of appropriate length. These should be worn with a CDS uniform shirt, CDS activity shirt, or a CDS spirit shirt. Jeans must fit at the waist and be worn with a belt if they have belt loops. All jeans must be in clean and in good condition - not ripped, tattered, or with holes.

VIII. Dennis/Larose Purchasing Information

- In-store – 6935 Appling Farms Parkway, Memphis - Directions from I-40, take the Whitten Rd. north exit (exit 14) / turn right at the 1st stop light by Burger King / Larose store is on the right.
- On-line @ www.dennisuniform.com – **Enter school code: MTCDS**
- Store Phone – (901) 386-4231 or National Customer Service (800) 854-6951
- Fax – (901) 387-1721