



# CENTRAL DAY SCHOOL INFORMER

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## Basketball Early Registration Discount Deadline Wednesday, 10/5

There is a \$15 early registration discount for grades 1—8 when registering by tomorrow, **Wednesday, October 5**. Parents who would like to register their child for basketball must register students on-line at [www.cdsthunder.com](http://www.cdsthunder.com). If you need assistance with registration, contact Teri Ford at [teriford@centraldayschool.com](mailto:teriford@centraldayschool.com). Students in grades 1 - 4 play in the ESCRA League with a registration fee of \$140. Students in grades 5-8 play in the PAA league with a registration fee of \$150. These fees will be discounted until October 5 only, after that date the regular fee will apply. **The final day to register for grades 1—8 is Wednesday, October 12**. If you would like to volunteer to be a coach or assistant, please contact Mr. Spice at [johnspice@centraldayschool.com](mailto:johnspice@centraldayschool.com) or Mr. Vincent at [stevevincent@centraldayschool.com](mailto:stevevincent@centraldayschool.com). Kindergartners will register for basketball in November.



## Parent Teacher Conferences October 13, Early Dismissal at 12:15

As part of the important partnership between home and school, we encourage all parents to schedule a conference on October 13 with your child's teacher. Conferences will be held in the classrooms. The length of the conference is 15 minutes. If you have questions or concerns about your child's progress, you are strongly encouraged to meet with the teacher. If a longer conference is needed, please check with your child's teacher for a convenient time. Parents of middle school students do not need to schedule a conference with every teacher. Middle school conferences should only be scheduled with the teacher of a subject where there is a concern. Sign up sheets are posted outside the classroom doors. On the CDS website there are tips designed to help parents prepare for conferences. Click on [www.centraldayschool.com](http://www.centraldayschool.com) and view "Guidelines for a Successful Parent-Teacher Conference."

## Congratulations, CDS Student Council Class Representatives for 2011-2012!

Mrs. Bowles—Spencer McKnight and Tate Charming  
Mrs. Ball—McKeelan Tabb and Alex Alden  
Mrs. Bradshaw—Jordan Moss and Maegan Clark  
Mrs. Byrd—Eden Yuksel and Hojin Kwak  
Mrs. Forney—Dwight Moore and Meredith Frey

Mrs. Jobe—Rana Rad and Richmond Jeffers  
Mrs. Taylor-Hodum—Dylan Clark, Shannon Griffin, Abigail McKnight, & Kennedy Johnson  
Mrs. Hughes—Michael Swift, Keely Cox, Ryan Patterson, & Sherrie Pak  
*Officers will be elected from the middle school representatives.*



## Free Vision Screening at CDS

On October 25 and 26, your child will have the opportunity to be screened for visual and ocular motility (muscle-imbalance) problems. The screening will be performed by the staff of Carl E. Flinn, MD, who specializes in Pediatric Ophthalmology and Strabismus. This is a basic screening and is free of charge. **Please print and complete the permission form on the CDS website and return to school by Wednesday, October 12.** Children who do not submit a form will not be able to participate in the screening.



## Fall Break

The CDS Fall Break is October 17-22. We hope you will take time to enjoy your family and the incredible beauty of God's creation.



## KidzCentral This Wednesday, 5:50 p.m.—6:50 p.m.

Central Day School families are invited to KidzCentral this Wednesday from 5:50-6:50 p.m. in the Worship Center. This month's entertaining program explores the virtue of CREATIVITY. KidzCentral is designed for kindergarten—6th graders and their parents to worship and learn together. Parents remain with children during the program. You won't want to miss it!

"Whatever your hand finds to do, do it with all your might." Ecclesiastes 9:10

## Push the “Reset Button”

By the time my younger daughters were born, I had gained some experience in parenting, but I was still learning. I was constantly on the alert for solid teaching on parenting helps. Being a mother of five was my full-time job. If my husband had to go for further training for his job, then I certainly needed the same for mine. I was serious about my job, too. I had learned some very good teaching on manners, dating, (you'll have to hear about that later), etc. I was learning more about discipline as training, not punishment. Can you imagine a little child playing sports for the first time and having his coach kick him off the team because he did not know the rules? How ridiculous! Yet, many times this is how we are with our own children. Hey, I still forget! Just ask my husband. I loved my children and they needed love, patience, and kindness. They also needed to know clearly what I was expecting of them. This took time, and a lot of it! Just as a coach must know the rules of the game and the strategies to win, so I needed to know the “rules” and where we were headed as a family. One very sweet rule I taught my little girls was the “interrupt” rule. This works well for when you are on the phone or having a conversation with another person, adult or child. I even taught this for when I was writing because it was like talking to another person, and I could not concentrate on them until I had



finished my sentence. To teach this to your child, pretend like you are on the phone. Have your child walk up to you as if they have a question. They are to put their hand gently on your arm. You are to lay your hand gently on top of their hand as a signal acknowledging them. For your child's sake, tell the person to whom you are speaking to please hold a moment. First, thank your child for being so considerate of you. Ask her how you can help, or what her need is. If it is not urgent, ask them to wait until you are finished (do not keep talking unnecessarily). Remember the “Golden Rule” when you are training your child, even older children. Respect begets respect! Kindness begets kindness! Patience begets patience! If it is urgent, you must call the person back. Excuse yourself from the conversation and help your child. It is a beautiful rule. It encourages consideration for others, kindness, patience, and a sense of teamwork. Teach it as if you are playing a game (your older kids will think you are crazy, but have fun with it). There are so many little considerations” like this that you can teach your kids. The key to success: allow them

to push the “reset” button if they forget. Another rule I taught them was how to enter a room quietly. If they forgot, in a fun-loving way, I simply commented that they must have forgotten how to enter the room quietly. I had them run back out and try again. I also did this if they woke up in the morning without a loving greeting for me. *We had fun with this! If you try this with a scowl or a bad attitude you will lose them not gain them. You must enjoy them now if you want to enjoy them later!* Plus, they will know how to be a blessing to you and to others now. Children are a blessing, but, they have to be taught to bless others! Allow your child to make mistakes. Forgive them a million times a day. Push that “reset” button as often as you need to. This is training up your child in the instruction and discipline of the Lord at its best!

*1 Corinthians 13:4-8 Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged. It does not rejoice about injustice but rejoices whenever the truth wins out. Love never gives up, never loses faith, is always hopeful, and endures through every circumstance.*

*James 1:19, 20 Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. Human anger does not produce the righteousness God desires.*

## THUNDER Sports News

### Cross Country results for 9/22:

5/6 Girls—Team placed 3rd with Karen Williams placing 10th out of 55 runners

5/6 Boys –Team placed 5th with Jesse Brawner placing 14th out of 53 runners

### Volleyball Results:

Volleyball results for 10/1:

5/6 vs Incarnation-CDS lost

7/8 vs Sacred Heart-CDS lost

Volleyball results for 10/3:

5/6 vs IC -CDS lost



**Golf Results Last Week:** 7/8 Boys vs Holy Rosary - CDS/Macon Rd. Baptist team won

## Meet Me at the River

The annual 5th and 6th grade retreat sponsored by the Central Church Children's Ministries is filling up. The retreat is October 28-30 at Shelby Forest State Park. The cost is \$35 per child. To learn all the retreat details and register click this link

<https://www.x9solutions.com/e/register/628>.