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student ministries
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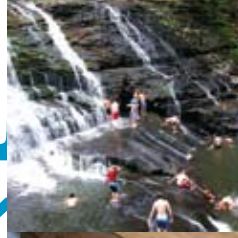
FALL Creek Falls 2010



June 20-24, 2010
This retreat is open to any junior high student, friends, and non-members who have completed the seventh or eighth grade.

June 20-24, 2010

Fall Creek Falls 2010



When: Sunday, June 20 • 6 a.m. through Thursday, June 24 • 6 p.m.

Where: Fall Creek Falls is located near Pikeville, Tennessee – northwest of Chattanooga. The facilities consist of large open dormitories with bunk beds. Guys are housed on the first floor and girls are on the second floor.

Who: Open to any student who has completed 7th or 8th grade.

Cost: \$200 – Includes: meals and housing, caverns, canoes, large group photo, one pool pass, and t-shirt. Two lunch meals as we travel and activity money (prices listed under Activities) are at your own expense. Travel is by chartered bus or church vans.

Registration: Limited spaces are available. A \$50 non-refundable deposit with completed and signed registration form will reserve your space. All balances are due during final registration at Central Church on Sunday, May 16, at 6 p.m. After spaces have been filled, a waiting list will be started. You can also register online through Central's Youth homepage at www.centralchurch.com.

Questions: Contact Central Church Student Ministries at 255-8187. In case of emergency, the Fall Creek Falls group lodge number is (423) 881-5747.

Activities: Optional Activities: Fishing, canoes, paddle boats (\$3.50 per hour), bicycling (\$20 per hour), horseback riding (\$25 per hour), and golf (\$26 for 18 holes, \$11 for 9 holes).

Free Activities: Hiking, nature trails, lighted tennis court, basketball courts, volleyball, badminton nets, pingpong, billiard room, Olympic size swimming pool.

What to Bring: Bible, notepad, and highlighters! Your own pillow, sleeping bag or sheets, toiletries, swimsuit (one-piece for girls), hiking shoes, shorts, jeans, tennis shoes, jacket, and clothing for your entire stay. Bring your own golf clubs and fishing equipment. Snack money in coins. Bring extra clothes for messy games. No CD/DVD players, MP3 players, game-systems, inline skates, or skateboards!

Note: You must choose an activity for Monday afternoon. Your choices are the Commercial Cave Tour or the Wild Cave Tour – indicate your preference on the registration form. Separate permission slips are required for each activity.

FCF Slide Show: Sunday, August 8 at 6 pm in the Sr. High room, 1220.

Registration Form Canoe Trip

Name _____ SSN _____

Address _____

City/State/Zip _____

Home Phone _____ E-mail _____

School _____ Grade _____

Sex _____ Birthday (MM/DD/YY) _____ Age _____

Father's Name _____ Cell Phone _____

Mother's Name _____ Cell Phone _____

Church Member? _____ Where? _____

Names of four people you wish to room with:

Circle T-shirt Size: S M L XL Specify other size: _____

*Deposit is non-refundable.

My choice for the Monday Activity is: Wild Cave Tour Commercial Cave Tour

A copy of your insurance card (front and back) is required. Information needed: name, address, phone number and policy number.

If you have a current copy on file, please check here .

In case of emergency, please contact the following for medical treatment:

Name _____

Relationship _____

H Phone _____

W Phone _____

Medical Insurance _____

Health Release: Please list any health conditions, medical prescriptions, and any health problem that would require special limits on activities:

Participant Permission and Release of Liability Form

I, _____ will be participating in the Fall Creek Falls Jr. High Retreat, sponsored by Central Church Student Ministries Department, June 20-24, 2010.

In order for my child to participate in activities sponsored by Central Church, Inc., I understand that I will be responsible for any medical expenses for myself and my dependents. Moreover, I understand that any participant must be covered by medical insurance to participate, and confirm that adequate coverage is now in place and will be kept in force throughout the period of participation. I further waive any legal right or claim against Central Church, Inc., its staff or its Board of Directors, that I or my dependents might have as a result of injury incurred by participation in any such activity, or travel to and from such activity.

I understand and acknowledge that by signing this form I am authorizing any staff member, if in their sole discretion it is necessary, to administer first aid, contact the family physician for medical treatment, summon emergency medical care, or transport to a medical facility for treatment.

Student Name (please print)

Parent or Guardian Signature & Date

Participant Permission and Release of Liability Form

Required: Towel, bathing suit, swimming ability and an old pair of sneakers.

My son/daughter named below has my permission to participate on the unguided tour of the Sequatchie River. I understand fully that Scott Pilkington's Canoe Rental will provide paddles and personal floatation devices. I hereby assume the risk of any accidents or incidents and agree to release Scott Pilkington, Inc., its management and owners from any responsibility or liability. I also release Central Church, Inc., from any responsibility or liability. I understand that the Release of Liability Form signed by me on the Fall Creek Falls registration form applies as well for this activity.

Student's Signature _____

Parent's Signature _____

This year we are offering an optional canoe trip down the Sequatchie River. It is a 2.5 hour tour down a class 1 river (which means very slow). Safety devices are provided. The trip is not guided, but will have adequate adult supervision.

Cumberland Cave Tours

My son/daughter named below has my permission to participate in the guided tour of the undeveloped sections of Cumberland Caverns. I understand fully that these areas are not lit or improved. In consideration of the privilege of visiting these undeveloped portions of Cumberland Caverns, I hereby assume the risk of any accidents or incidents and agree to release Cumberland Cavern, Inc., its management and owners from any responsibility or liability. I also release Central Church, Inc., from any responsibility or liability. I understand that the Release and Liability signed by me on the Fall Creek Falls Registration Form applies as well for this activity.

Student's Signature _____

Parent's Signature _____

Tour Choice: Wild Tour Commercial Tour

There are two tours offered in the caves. Both are guided. The Commercial Tour is a tour through the caves with a light show. All areas toured are lit. The Wild Tour is through sections of the caves that are not lit. It requires some climbing and lots of crawling through the muddy parts of the caves. It is done by guides and is very safe, but is very muddy and dark. The Wild Tour requires a special permission slip to absolve Cumberland Caverns of risk. We do this tour every year without any problems and those who participate really enjoy it. Fees for the tours are included in the trip cost.

If you choose the Commercial Tour, you will return earlier to the dorm. The Wild Tour will take the entire afternoon. Everyone will go to the caves and choose either option. We require an old pair of shoes (no open shoes or sandals) and clothes that you don't mind getting dirty for the Wild Tour. Every person on the Wild Tour must have a flashlight and wear long pants.